FINANCIAL ESSENTIALS
with TIAA



Ready to take control of your finances? The **Financial Essentials with TIAA** YouTube playlist is your resource for helping to build a solid financial foundation. Whether you're just getting started or looking for a refresher, this series covers the basics—from smart budgeting and saving strategies to key investing principles. Dive into our bite-sized, jargon-free videos that turn complex money matters into simple, actionable steps.

YouTube playlist

Save for your goals

- Social Security benefits: 4 key principles to know
- Myth busting: 3 healthcare cost myths
- Part 1 | What to know about annuities
- Part 2 | What to know about variable annuities
- Investing with confidence
- Living well in retirement
- 3 tips to maximize your employee retirement plan
- Set your retirement date

Manage your finances

- 4 key strategies for mid-career financial planning
- Preparing for retirement
- Financial planning for women
- Part 1 |Twin sisters: How to maximize retirement income
- Part 2 | Twin sisters: Partial annuitization uncovered
- How do I afford college for my loved ones?
- 5 major life events that need financial planning
- Vesting demystified

Protect your future

- Top 3 tips to stay safe online
- What is a beneficiary? 4 key principles explained
- Identity theft protection: 5 essential steps to safeguard your finances
- Financial tips for job changes

Essentials for early career professionals

- Five essential budgeting fundamentals for financial success
- Investing 101: How to start your wealth journey
- What to know about credit and debt
- Job pay and benefits explained
- You're not too young to plan for retirement









Financial education

Visit **tiaa.org/essentials** for actionable insights about budgeting, saving, and building your financial confidence.

YouTube

Visit **YouTube.com/@TIAA** to join our community making smart money moves. Like and subscribe to get more financial tips delivered directly to your feed.

Have questions?

Contact TIAA at **800-842-2252**, weekdays, 8 a.m. to 8 p.m. (ET).

Financial Essentials playlist

Essentials for early career professionals playlist



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